

Ten Ten links to “A model Catholic SRE curriculum” by the Catholic Education Service

KS4 & 5

Theme 1: Created and Loved by God		
Pupils should be taught:		
4.1.2.3.	To recognise that sexuality is a God-given gift and that sexual intercourse is the most intimate expression of human love and should be delayed until marriage, building on learning at KS3	Babies Lesson
4.1.2.4.	The Church’s teaching on the morality of natural and artificial methods of managing fertility, building on learning at KS3	Babies Lesson
4.1.4.2.	The importance and benefits of delaying sexual intercourse until ready, considering the idea of appropriateness and the importance of marriage.	Babies Lesson
4.1.5.4.	About human fertility, building on the learning at KS3; methods of managing conception for the purposes of achieving or avoiding pregnancy and the difference between natural and artificial methods.	Babies Lesson
Theme 2: Created to love others		
Pupils should be taught:		
4.2.2.2.	The role of marriage as the basis of family life and its importance to the bringing up of children, including an understanding of how the Church supports family life.	Babies Assembly & Lesson
4.2.2.7.	The sanctity of life, and the significance of this concept in debates about abortion.	Babies Assembly
4.2.4.6.	To understand the consequences of unintended pregnancy and of teenage parenthood (in the context of learning about parenting skills and qualities and their importance to family life).	Babies Assembly
4.2.4.7.	About abortion, including the current legal position, the risks associated with it, the Church’s position and other beliefs and opinions about it.	Babies Assembly
4.2.4.9.	The importance of the school, the parish and other Catholic voluntary organisations in providing help and advice for young people.	Babies Assembly
4.2.4.11.	About who to talk to for accurate, impartial advice and support in the event of unintended pregnancy.	Babies Assembly

KS3

FOL = Facts of Life (Yr 7 or 8) & LHC = Love, Honour, Cherish (Year 9)

Theme 1: Created and Loved by God		
Pupils are growing to be:		
3.1.1.1.	Respectful of their own bodies, character and giftedness	FOL & LHC
3.1.1.4.	Self-disciplined and able to delay or forego gratification for the sake of greater goods	LHC
3.1.1.5.	Discerning in their decision making	FOL & LHC
3.1.3.2.	To distinguish ‘needs’ from ‘wants’	LHC
3.1.3.3.	They have a right not to have an intimate relationship until the appropriate time and that any level of intimacy which makes them feel uncomfortable is never appropriate.	LHC
3.1.3.5.	There are many different body shapes, sizes and physical attributes.	FOL
3.1.3.6.	Media portrayals of the human body may present a false ideal of bodily perfection which does not reflect real life and can have negative impact on the individual	FOL
Pupils should be taught:		
3.1.2.1.	To appreciate sensual pleasure as a gift from God.	LHC
3.1.2.2.	To recognise that sexuality is a God-given gift and that sexual intercourse is the most intimate expression of human love and should be delayed until marriage.	LHC
3.1.2.4.	Understand the need for reflection to facilitate personal growth and the role prayer can play in this.	FOL & LHC
3.1.2.5.	Understand that their uniqueness, value and dignity derive from God and hence recognise the respect they should have for themselves.	FOL
3.1.2.6.	Recognise that they are responsible for their own behaviour and how to inform their conscience.	FOL & LHC
3.1.4.1.	How to develop self-confidence and self-esteem.	FOL & LHC
3.1.4.2.	The importance and benefits of delaying sexual intercourse until ready.	LHC
3.1.4.3.	There are different emotions which may emerge in relation to change and loss and strategies to manage them.	FOL
3.1.4.4.	How to develop the skills needed to identify and resist peer and other types of pressure to conform.	FOL & LHC
3.1.4.6.	To recognise, clarify and if necessary challenge their values, attitudes and beliefs and to understand how these influence their choices.	LHC

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Updates to this document will be sent when new resources are created

Theme 2: Created to love others		
Pupils are growing to be:		
3.2.1.1.	Loyal, able to develop and sustain friendships	FOL
3.2.1.2.	Compassionate, able to empathise with the suffering of others and the generosity to help others in trouble	FOL
3.2.1.6.	Honesty, committed to living truthfully and with integrity	FOL & LHC
Pupils should be taught:		
3.2.2.1	The nature of sacramental marriage and the importance of marriage as the foundation of society and its role in the domestic Church.	LHC
3.2.2.2.	The role of marriage as the basis of family life and its importance to the bringing up of children.	LHC
3.2.3.1.	About discrimination, prejudice and bullying and how to respond, including responsibilities towards those who are experiencing these things (See protected characteristics of the Equality Act 2010, Part 2, Chapter 1, sections 4-12)	FOL
3.2.3.2.	The features of positive and stable relationships and the virtues needed to sustain them (e.g. trust, mutual respect, honesty) in a wide variety of contexts, including family, class, friendships, intimate relationships etc.	LHC
3.2.3.3.	That relationships can cause strong feelings and emotions (including sexual attraction) and methods for managing these.	LHC
3.2.3.4.	The nature and importance of friendship as the basis of a loving, sexual relationship.	LHC
3.2.3.5.	That someone else's expectations in a relationship may be different to yours and strategies for negotiating possible differences.	LHC
3.2.3.8.	Understand that loving, supportive family relationships provide the best environment for a child.	LHC
3.2.4.1.	They have autonomy and the right to protect their body from inappropriate and unwanted contact.	LHC
3.2.4.2.	3.2.4.2. To identify the characteristics of unhealthy relationships and where to get help	FOL & LHC
3.2.4.3.	Consent is freely given and that being pressurised, manipulated or coerced to agree to something is not 'consent'.	LHC
3.2.4.5.	How to use technology safely, including social media and consideration of their "digital footprint" and the law regarding the sharing of images.	FOL & LHC
3.2.4.6	That not all images, language and behaviour are appropriate, including the negative effects of pornography and the dangers of online exploitation.	LHC