

Sample Teacher Resources

The Safer Streets Drama Project

Please note: the following information is provided as a guide only. The teacher resource pack for the Safer Streets project is currently in development.

PSHE Lesson Plan - Choices

AIM:

To explore and understand the consequences of different choices.

OBJECTIVES:

- To explore what choices are available in any given situation;
- To understand the consequences of those choices;
- To understand how to make more beneficial choices;
- To understand how to resist pressure and seek help when needed.

NATIONAL CURRICULUM LINKS:

- **PSHE** 2e, 3e, 3j, 3i.
- **Citizenship** Unit 1.1,

RESOURCES

- Large space such as an empty classroom or Drama studio
- A flipchart or board.
- Marker pen.
- Copies of the scene where Sam rips up the Duke of Edinburgh form.

ACTIVITIES

Warm-up game – Making choices.

Ask the class to stand in the middle of the room. Call out the following choices, indicating opposing sides of the room for each option. In each case, the pupils must move as quickly as possible to the side of the room allocated to their preferred choice. (If they like neither, they must choose their least detested!)

- Tea or coffee?
- Football or rugby?
- Coronation Street or Eastenders?
- Ice cream or chocolate cake?
- TV or Playstation?
- Family or friends?

Exercise One – Big or small

Read out the following choices. In each case get the class to say whether they think that choice is big or small.

- What to eat for lunch.
- What to do for a living.
- Which exams to take.
- Who to have as your friend.
- Who to vote for.
- Which team to support.
- Which clothes to put on in the morning.

Could any of the ‘small’ decisions have a big effect, long-term? If so, which ones and why?

Exercise Two – Frozen pictures

Divide the class into groups of four or five. Read out the following pairs of words and ask them to create a picture for each word. Give them three minutes for each pair of pictures.

- Belonging and exclusion.
- Family and friends.
- Leader and follower

Get each group to show their pictures to the rest of the group in turn. Which picture felt the best to be in? Why?

Exercise Three – Stop the scene

Allocate three people to read aloud the parts of Sam, Leon and Zoe in the scene where Sam rips up the Duke of Edinburgh form.

Ask the class to listen carefully, and every time they hear Sam making a choice, to call out, ‘Stop!’ Write down each choice as it is called out on the board, then resume the scene.

Why does Sam make the decisions that he does?
Who influences him and how?

What does Sam want in this scene?

Ask the class to identify the choices that Sam makes which are not beneficial to him.

Could he have made different choices in that scene?

If so, what?

Exercise Four – Making changes

Divide the class into groups of three.

Ask one person in each group to take on either Sam, Leon or Zoe. Ask each group to improvise the scene, but get 'Sam' to make different choices based on the previous exercise.

How does the outcome change?

Exercise Five – Consequences

Divide the class into two groups.

Present them with the following scenarios – in each case allocate one choice to each group.

Scenario One

You are walking along the street and find a wallet. You either

- A) Pick it up and keep the money. OR
- B) Hand the wallet in to the police station.

Scenario Two

You see someone being bullied. You either

- A) Walk on by and do nothing OR
- B) Step in to challenge the bullies.

Scenario Three

Your friend asks you to cover for them by saying they were with you when really they were out at a party. You either

- A) Agree to lie for your friend OR
- B) Refuse to cover for them and tell the truth when asked.

Get each group to formulate the likely consequences of each decision.

Are there pros and cons to each decision? If so, what are they?

Would someone in that situation need support in making those choices?

If so, who might they approach for help and support?

Does choosing one option mean you have to lose the other? Is there a way of getting 'the best of both worlds'?

Plenary discussion

Is it important to make the right choices in life?

If we don't like the consequences of a choice, can we change it? How?

Where can we go for help if we want to make a different choice?

What support can we offer others who are finding it difficult to make a decision?